

THE SCOOP

THE OFFICIAL NEWSLETTER FROM STUDENTS FOR EQUAL OPPORTUNITY IN SCIENCE AT MOUNT SINAI

Jan 2020

Vol.1

Happy **NEW** Year



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Mission Statement

Our mission is to create a community to help retain and increase the number of underrepresented minority graduate students pursuing graduate degrees in the sciences. To achieve this aim, we provide the following:

- Group academic and research support to excel throughout your studies
- Networking opportunities among Mount Sinai students and other URM in science across the Tri-State area
- Career and personal development workshops
- Community outreach projects



Students for Equal Opportunity

Upcoming Events

GOAL SETTING WORKSHOP

GOAL ACHIEVED!



Date: Thursday, Jan 23 @ 6pm

Location: TBD

Make your visions so clear that your fears become irrelevant!

LIFE AS A SCIENTIST

Looking for volunteers to organize an event exposing students in K-12th grade to careers and opportunities in scientific research. Contact us for more info

S.T.E.M. Spotlight



Congratulations to Justine Noel, our SEOS co-chair for receiving the CSURM fellowship. Justine was also invited to give an oral presentation at the upcoming Gordon Research Conference for Food Allergy in January.

Let's celebrate our accomplishments throughout this scientific journey! Submit your photo and 1-2 sentences to be featured!

Professional Development: Elevator Pitch Do's and Don'ts



An elevator pitch is a concise introduction to who you are and what you do. Through this short introduction (think: the length of an elevator ride), your audience should learn what your skills and expertise are, and have a reason to follow up



1. Keep it brief (30 - 60 seconds)
2. Start with an enticing introduction that catches your audience's attention
3. Highlight your skills and what you can offer
4. Share your goals
5. End with something you or your audience can act upon, such as a request to "connect" on LinkedIn or an invitation for coffee!



1. Exaggerate
2. Speak too fast or ramble
3. Lose your audience with too many details
4. Deliver the same pitch every time, personalize it based on your audience!!!!
5. Talk in a monotone voice

Check out some examples:



How to become involved with S.E.O.S.

- SUPPORT ! Attend our professional, social, and community service events
- Provide feedback . We can only improve and enhance YOUR experience if tell us what you need!
- **ELECTIONS! ELECTIONS! ELECTIONS!** Become a member of our E-board. We are hosting elections this semester! Click on this link to find out what each position entails



Feedback

Submit here:

