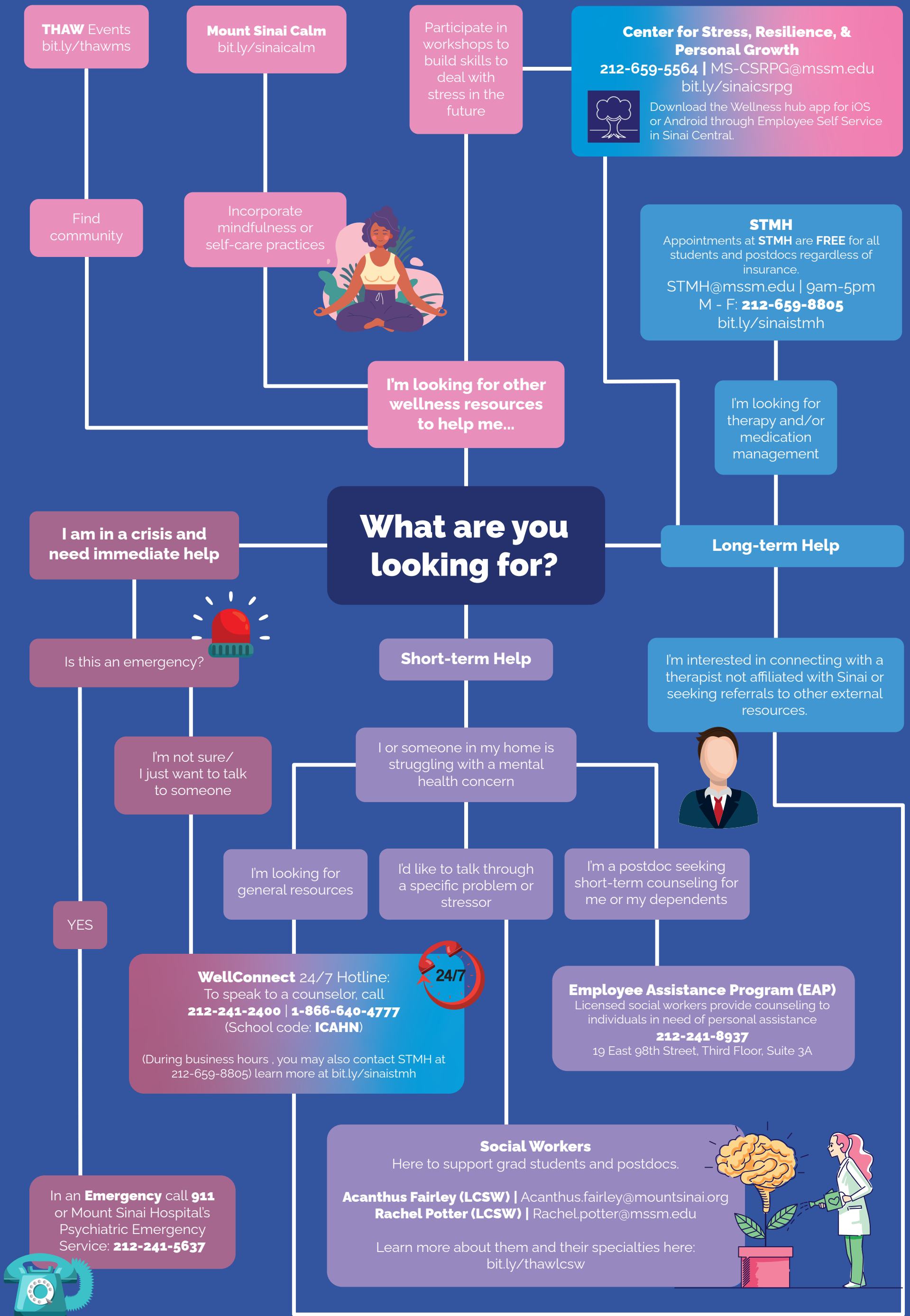


# Mental Health Resources for Grad Students and Postdocs

Take this quiz to find out what well-being resources are right for you.



You can find more info and helpful resources at our THAW website: [bit.ly/thawresources](http://bit.ly/thawresources)