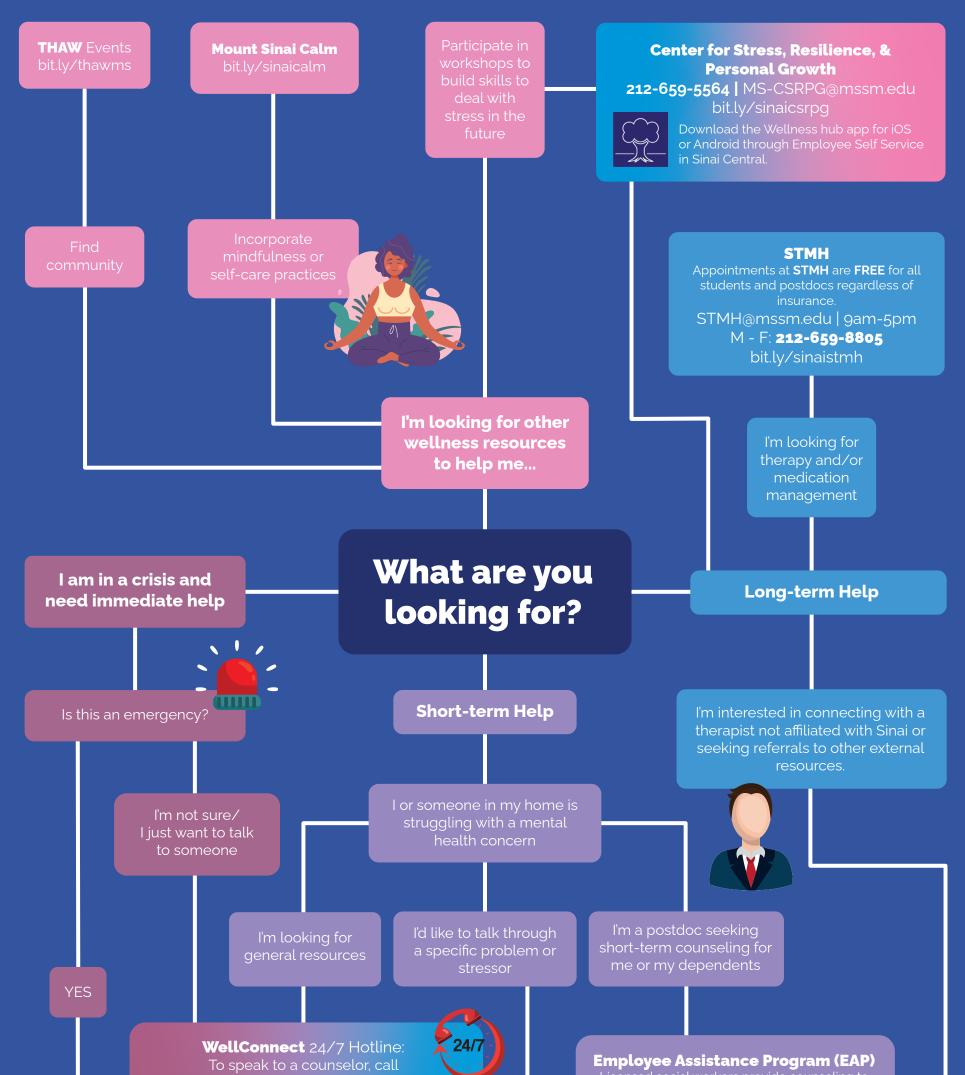
## **Mental Health Resources for Grad Students and Postdocs**

Take this quiz to find out what well-being resources are right for you.



## 212-241-2400 | 1-866-640-4777 (School code: ICAHN)

(During business hours , you may also contact STMH at 212-659-8805) learn more at bit.ly/sinaistmh

Licensed social workers provide counseling to individuals in need of personal assistance

**212-241-8937** 19 East 98th Street, Third Floor, Suite 3A

In an **Emergency** call **911** or Mount Sinai Hospital's Psychiatric Emergency Service: **212-241-5637** 



**Social Workers** Here to support grad students and postdocs.

Acanthus Fairley (LCSW) | Acanthus.fairley@mountsinai.org Rachel Potter (LCSW) | Rachel.potter@mssm.edu

Learn more about them and their specialties here: bit.ly/thawlcsw

You can find more info and helpful resources at our THAW website: bit.ly/thawresources